ZENTHERAPY® recognizes that from birth to death, life is flow of energy. This energy takes shape by our attitudes, our emotions, and our bodies. Zentherapy® releases the natural form of the body from the aberrations caused by physical, chemical, psychological and spiritual traumas.

... ZENTHERAPY® IS A SYNTHESIS from Eastern and Western cultures. Many different methods and techniques are used to process the body; this includes the work of my teachers Ida Rolf, Moshe Feldenkrais, Lauren Berry and Raymond Nimmo. Tanouye Rotaishi’s teachings are an underlying source of all Zentherapy® trainings.

CONSCIOUSLY EXPERIENCING and using universal energy is what makes Zentherapy® unique. The Zazen training is basic to this work.

... IT IS THE GOAL OF ZENTHERAPY® for both the practitioner and the client to become as a child: free of fear, hate, greed and pain. Fully living each moment by moment.

~William S. "Dub" Leigh founder of ZENTHERAPY®~
Invitation for registration for
Introduction Training
Zen Bodytherapy®

Course Trainers
Raymond Schröder
Tom Nagel
Certified teachers by the International Zentherapy® Institute Inc. (IZII), Honolulu, USA

Dates
Thursday 13.4 - Saturday 15.4 2017

Program
13.4-'17  15:00 Check-in
16:00 Start training
19:00  End

14. and 15.4-'17  8:00 to 17:00 Training in Zen Bodytherapy® and Zazen

15.4-'17  End training at 17:00

Training location
Parkhotel Hugo de Vries
Dorpsstraat 13
6741 AA Lunteren
Tel: 0318 485 255
www.hugodevries.nl

Language of instruction
English

Contact Person
Ylvie Fros
Tel.: +31(0)645808398
E-mail: ylvie@ylviefros.nl
(Please make sure all communication about this training goes through the contact person only)

To bring to the training

1) Pillows to sit Zazen (if available), blanket, mattress cover for the table

2) Clothing for the training
   Women: Bikini or 2-piece underwear (no bathing suit/ body)
   Men: Briefs (no Boxershorts)
   All: suitable light colored training clothes

3) Clothing for Zazen
   Comfortable black pants, white T-shirt

During the training it is expected from all participants to be actively involved in the bodywork, both as practitioner and as client.

Payment
Training: € 250,-
Accommodation: € 225,- (incl. room) or € 139,- (excl. room)

Payment details and payment term will be communicated together with the confirmation of your registration.

Registration and Waiting list
Please register using the attached coupon. The number of participants is maximum 14. The participants will be assigned places in the order in which the registration coupons are received and in consultation with the IZII. When more then 14 registrations are received, we will start a waiting list. Each registration will receive a confirmation whether a place is available for you or whether you are placed on the waiting list.

Registration Deadline: February 1st. 2017!